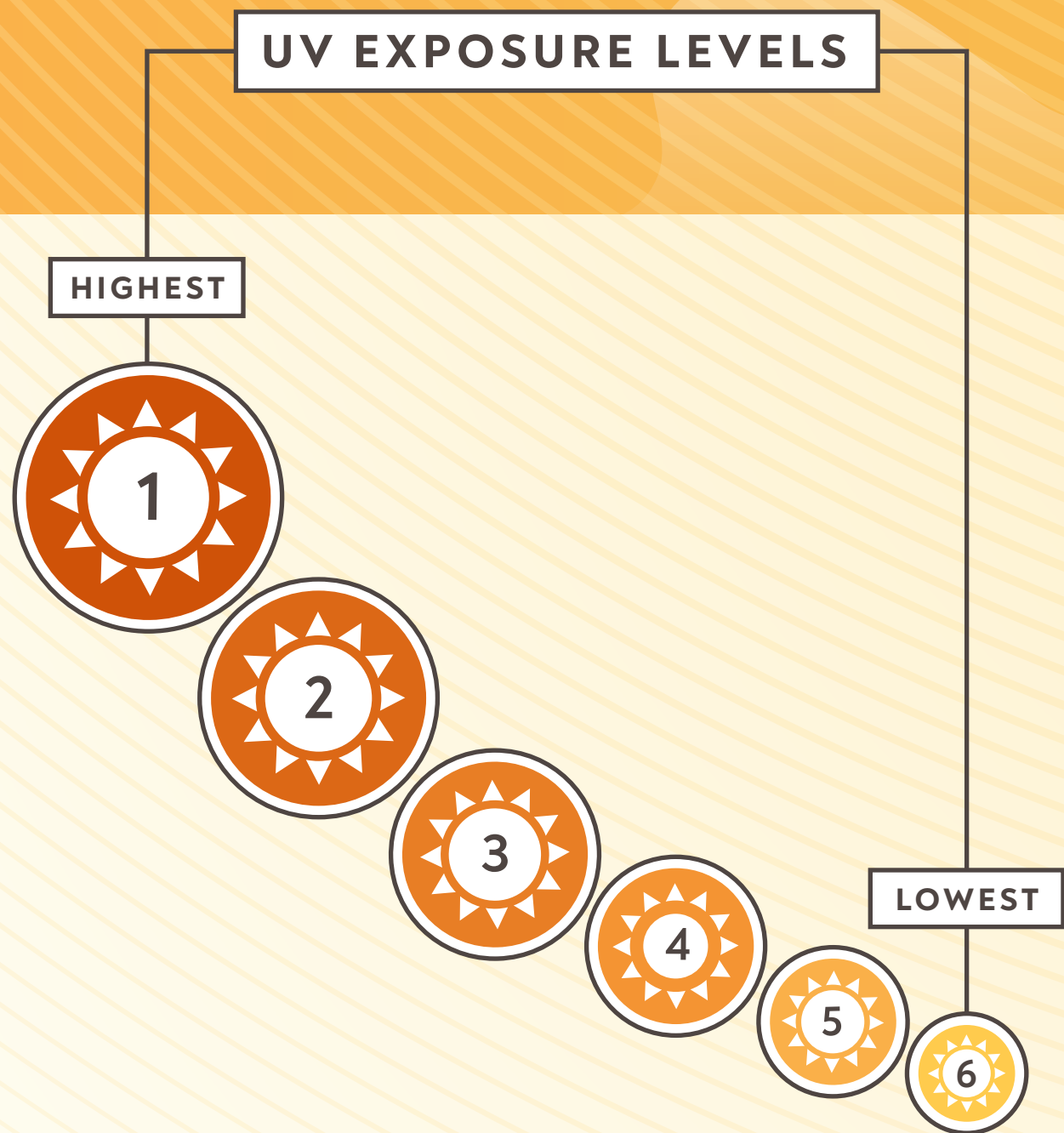


# UV EXPOSURE LEVELS

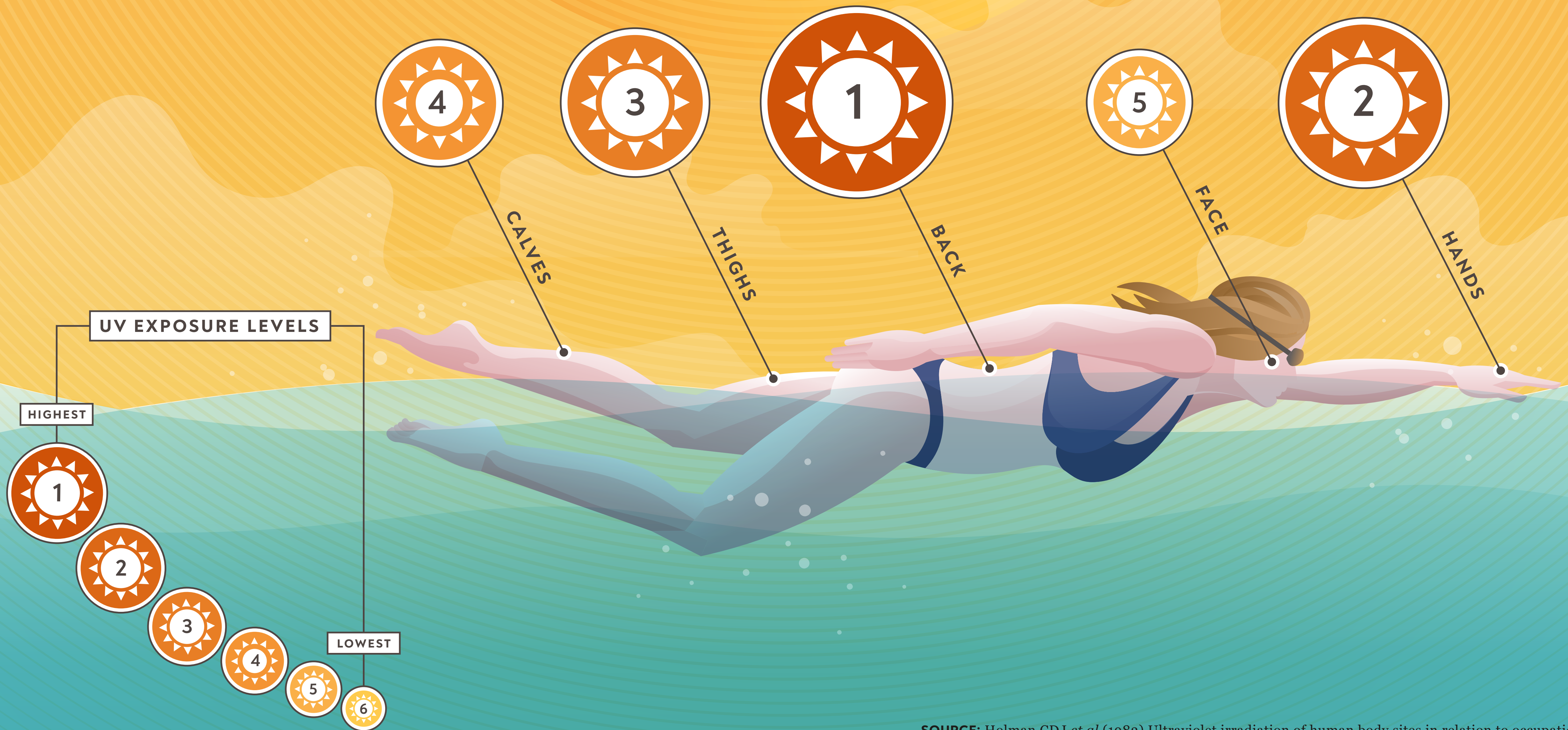
## Walking



**SOURCE:** Weihs P *et al* (2013) Measurements of personal UV exposure on different parts of the body during various activities. *Photochem. Photobiol.* 89, 1004-1007.

# UV EXPOSURE LEVELS

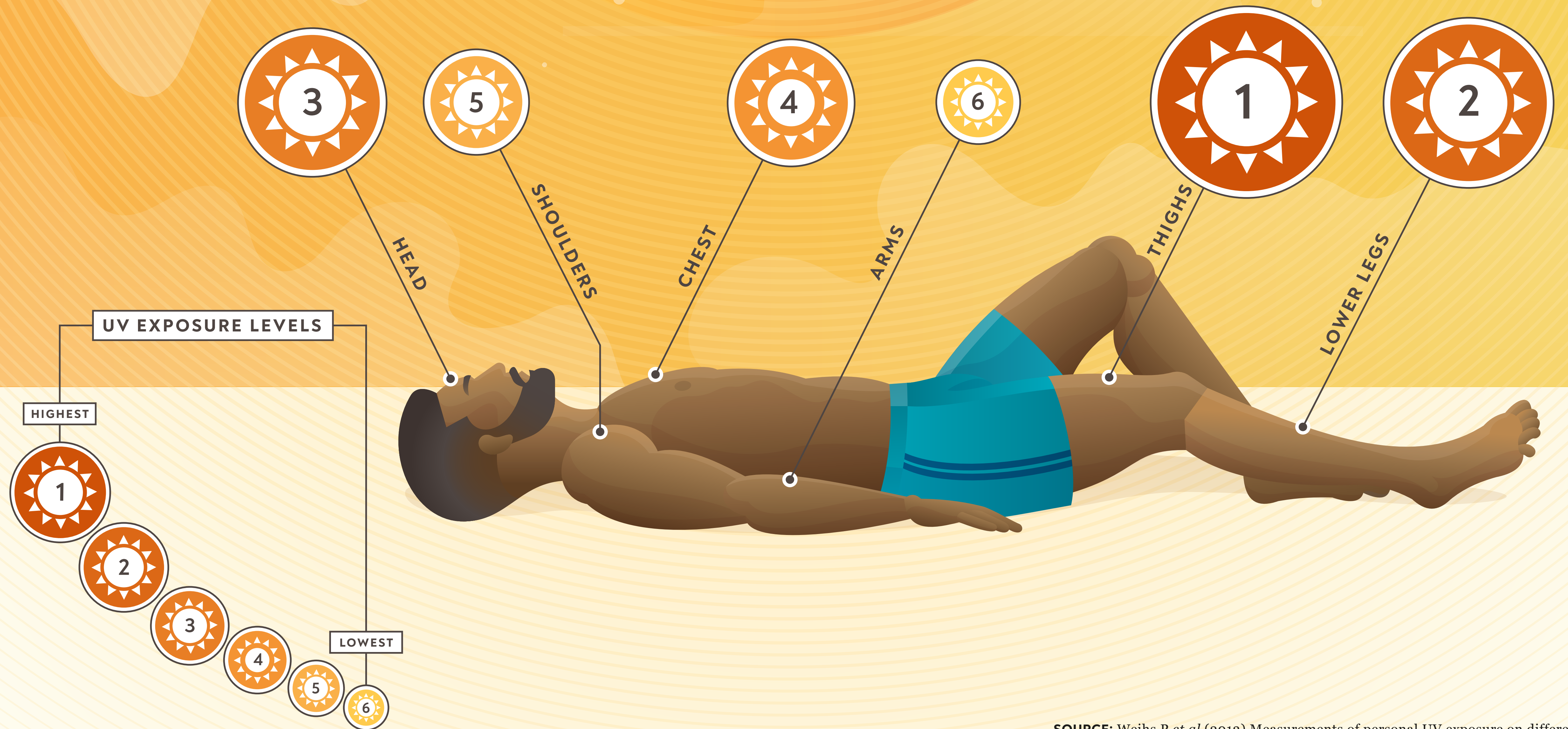
## Swimming



**SOURCE:** Holman CDJ *et al* (1983) Ultraviolet irradiation of human body sites in relation to occupation and outdoor activity: field studies using personal UVR dosimeters. *Clin. Exp. Dermatol.* 8, 269-277.

# UV EXPOSURE LEVELS

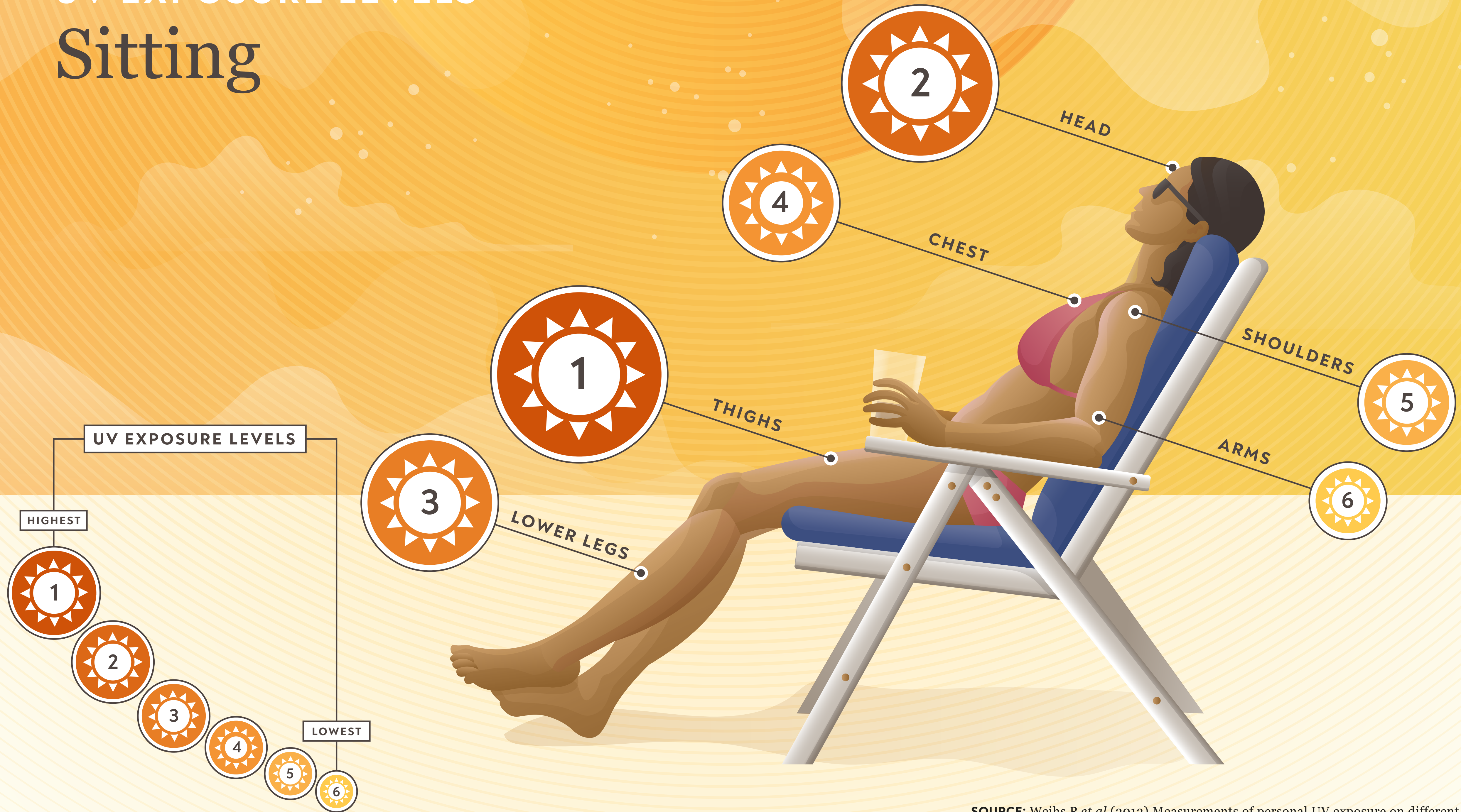
## Lying down



**SOURCE:** Weihs P *et al* (2013) Measurements of personal UV exposure on different parts of the body during various activities. *Photochem. Photobiol.* 89, 1004-1007.

# UV EXPOSURE LEVELS

## Sitting



**SOURCE:** Weihs P *et al* (2013) Measurements of personal UV exposure on different parts of the body during various activities. *Photochem. Photobiol.* 89, 1004-1007.